

Sustainable Food Systems Approach

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Today, the global consensus is that the global food system is not able to feed all the people well and it also causes environmental erosion and loss of biodiversity, so that in order to overcome the challenges of continuous malnutrition and poverty in rural areas that are intensified by climate change, fundamental changes are needed. In recent years, agro-ecological approaches have led to good progress in the scientific, agricultural and political fields and suggest solutions for changing agricultural and food systems. Sustainable food systems have the potential to protect human health and support environmental sustainability. Food systems include a wide range of actors and their associated value-added activities along the food chain, including production, storage, processing, distribution, consumption and disposal of food products. Safety, food security and sustainability of the food system are multi-faceted topics, which are partially provided by governments, partially by industries and private sectors, and partially by the people, who must participate and be aware of this issue. These issues should be seen in a complete chain from farm to table, in the framework of coordinated policy, and the connection between all the links in this chain should exist properly. In this study, the sustainable food system and its elements are defined and its importance is showed.

Keywords: Sustainable System, Food, Biodiversity, Food Security, Food Chain

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